

Our bi-annual membership meeting was held Sept 14th at the Centre. The proposed changes to the constitution (which were listed in last month's newsletter) were discussed and the membership voted in favour of them. The new Steering Committee was elected:

Treasurer	Marylou Murray - 674-0335
Secretary	Nina Gray - 673-0558
Newsletter Coordinator	Laurie McGauley - 675-6159
Membership Coordinator	Linda George - 560-5479
Temporary President	Jennifer Keck - 673-5427



We will elect a more permanent president at our next general meeting on October 5th, at 7:30 p.m. Also up for discussion at this meeting, are the proposed policies that were listed in last month's newsletter. So PLEASE attend this meeting. POLICY DECISIONS SHOULD BE A REFLECTION OF THE MAJORITY OF THE MEMBERSHIP.

Wellness

About 40 women attended a Women in Action workshop on Women and Wellness September 19th. Drs. Nancy Wardle and Elizabeth Latimer were the resource people. The workshop was a condensed version of a six evening program they hold regularly in Hamilton, Ontario.

Participants were asked to do self evaluations in the areas of nutrition, stress management and fitness and lifestyle. Nancy spoke about nutrition, fitness and barriers to a healthy life style. The second half of the workshop, conducted by Liz, focussed on sexuality and the importance of knowing about our bodies.

A manual was handed out at the workshop - there are a couple of copies still available at the Centre. They contain the self-evaluation forms, information about women's anatomy, medical definitions and some good resource lists on each of the topics discussed.

THE WOMEN'S CENTRE NEEDS:

1. a coffee percolator
2. volunteers to staff the centre
3. someone to move our fridge from Ignatius St to Beech Street.
4. someone to go and pick up a coffee table
5. someone to clip the Toronto Star
6. translators
7. a big bulletin board for the office

BULLETIN DE NOUVELLES DU SERVICE FAMILIAL

Cet automne, le Service Familial entreprend plusieurs nouveaux projets, qu'on désire vous annoncer.

Le Service Familial présente trois cours en collaboration avec le Collège Cambrian.

1. Le Programme S.T.E.P.-pour parents, sera présenté, le mardi soir de 7:00 à 9:00 hrs. p.m. au Service Familial, 72 Louis (derrière le Holiday Inn). Le cours d'une durée de 10 semaines, débutera le 6 octobre. Les frais d'inscription sont de \$15.00 par personne, mais si des gens intéressés ne sont pas en mesure de payer ces frais, des arrangements peuvent être fait avec le Service Familial.

Instructeur: M. J.M. Pitre

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Comprendre son bébé-de la naissance à la première année

-est un cours d'éducation pour parents, pour mamans nouvelles et leurs bébés. Avec les bébés présents, les cours se donneront chaque mardi après-midi, de 1:30 jusqu'à 3:30 au Service Familial, pour huit semaines consécutives, commençant le 6 octobre. Les frais d'inscription sont de \$15.00, mais encore là une entente pour paiement peut être fait avec le Service Familial.

Instructeur: Michelle Bernier-Wilson

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Comprendre son poupon-de la première à la deuxième année

-un cours d'éducation pour les mères et leurs enfants, pendant la deuxième année de développement. Avec les enfants présents, les cours seront donnés chaque mercredi après-midi, de 1:30 hrs. à 3:30 hrs. de l'après-midi, au Service Familial, pour huit semaines consécutives, débutant le 7 octobre. Frais d'inscription \$15.00.

Instructeur: Michelle Bernier-Wilson

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L'inscription pour les trois cours se fera au Service Familial, pendant les heures de bureau, soit de 9:00 a.m. à 4:30 p.m. du lundi au vendredi, et une heure avant le début de chaque cour.

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Un autre nouvel élément ajouté à notre programmation est une halte-garderie. Débutant le premier octobre, à chaque jeudi et vendredi matin, de 9:30 à 11:30 a.m., les mamans peuvent laisser leurs enfants d'âges pré-scolaires (de 2 ans à 5), au Service Familial, gratuitement. Si vous connaissez des parents qui seraient intéressés par ce service demandez-leurs de communiquer avec le Service Familial pour faire des réservations. 674-5456

Mercedes Bonorino, a project officer with OXFAM Canada, presented a slide show and talked to women at the Centre about the plight of San Salvadorian refugees in Honduras at an informal luncheon on Monday, Sept. 28th.

Mercedes has recently returned from a visit to two of the refugee camps and her photographs were a haunting testimonial to the horrors occurring there. An Argentinian herself, Mercedes also spoke to us of the position of women in Central America.

GET INVOLVED !!!!!

End child exploitation in ads

Jerry Goodis, the irrepressible Toronto advertising man who's both an inspiration and a gadfly to his industry, has issued a challenge the industry should not ignore.

Goodis wants Canada's two self-regulatory bodies — the Canadian Advertising Advisory Board and the Advertising Standards Council — to agree on standards to keep the sexual exploitation of children out of advertising in Canada.

Some of it has already arrived here from the United States and Goodis, like many other concerned Canadians, finds it revolting.

This exploitation occurs in print and film advertising and movies when very young girls, dressed and made up seductively, appear as sex objects.

Such portrayals, Goodis said in a recent Toronto speech, deliver "a lethal message (to teenagers) that sexual aggressiveness, and the appearance of sexual sophistication, is not only acceptable for very young girls but, indeed, is desirable. Second, it tells the rest of society that we have somehow broken through yet another new frontier, in which children are now acceptable sex objects, targets for indiscriminate self-indulgence on the part of an irresponsible minority."

Goodis, to his credit, wants none of it. His colleagues in the advertising industry, as well as film-makers and modelling agencies, should heed his advice and stop the practice of using young girls as sex objects. It's yet another American import Canada doesn't need.

Toronto Star 9/19/81

Things don't change unless we make them change...
Do your part. Send your complaints to:

Canadian Advertising Advisory Board
1240 Bay Street
Toronto Ontario

Advertising Standards
Council
1240 Bay Street
Toronto Ontario

Let's give our kids at the very least the freedom to be children

52 years a person!

On October 18, 1929, the Privy Council in London, England ruled that women are persons eligible to sit in the Canadian Senate.

This ruling was the result of a long legal battle by five Albertan feminists: Emily Murphy, Nellie McClung, Henrietta Edwards, Irene Parlby and Louise McKinney.

After the Supreme Court of Canada ruled in 1928 that women were not qualified persons within the meaning of the British North America Act, the five women appealed to the Privy Council. The Privy Council overruled the Supreme Court of Canada: "...and to those who ask why the word should include females the obvious answer is why should it not?"

EVENTS

4.

ASTORAL INSTITUTE

A Workshop on "Being a Woman"

We want to develop a deeper faith in ourselves as women, learn to enjoy being ourselves, and improve the quality of our lives. Some emphasis will be given to examining the social conditioning which leads us to discount ourselves; articulating our specific needs and discovering new frames of reference in our relationships with men and each other.

At Huntington College

Friday, Nov. 27, 1981
7:00 p.m. - 10:00 p.m.

Saturday, Nov. 28, 1981
9:30 a.m. - 4:00 p.m.

Coordinator: Dolores D'Amour

Fee: \$30.00

The Sudbury Chapter of Women in Trades held their monthly meeting on September 28 in the Steelworkers Hall. The main topic was "Your Daughter HAS a Choice". Representatives from the Sudbury Board of Education were on hand to answer questions.

Look for our Wine and Cheese coming up on October 26th. Our October topic is "Getting that Job!". Speakers from the Women's Employment Unit will be there to give us more ideas and options. Come on out and give us your support and we'll give you ours. For more information contact Janna at 560-0479

Organized Working Women is an organization of women who are members of any union. We are holding a skills workshop in Sudbury on Saturday, October 17th at Cambrian College.

The aim of this workshop is to help women develop skills which will enable them to participate more actively in their unions.

For more information call Miriam at 673-7519

The North Bay Women's Centre is sponsoring their third annual conference for teen girls on Saturday, October 31st at Tweedsmuir Public School in North Bay. Workshops will include such topics as: Drugs and Reality, Growing up Female, Sexuality, Getting along with Parents, Violence in the Family... The North Bay Women's Centre is at 269 Main Street W., Suite 209, Sibbitt Building, North Bay. Phone: 476-2425

Women Helping Women is meeting Thursday, October 8th at 280 Riverside Drive at 7:30 p.m. This is the bi-annual meeting that should have happened in September. Bring your own favorite refreshment.

Call Marylou at 674-0335 for information about the "Women and Multinationals" conference being held in the Sault October 16 17 18.

OUR NEXT GENERAL MEMBERSHIP MEETING WILL BE OCTOBER 5, 1981
AT 7:30 p.m.

NOTICE/ATTENTION

This newsletter is in English only because we don't have a competent translator. We need a fluently bilingual woman to donate 3 to 4 hours of her time every month. Please call the Women's Centre or call Laurie at 675-6159.

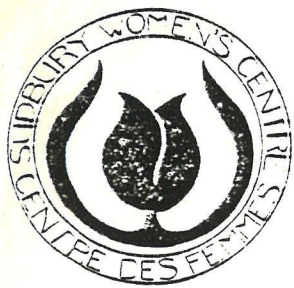
Octobre

October

activities

events

Dimanche / Sunday	Lundi / Monday	Mardi / Tuesday	Mercredi / Wednesday	Jeudi / Thursday	Vendredi / Friday	Samedi / Saturday
	Membership meeting 7:30 p.m.		12.00 Workshop Cttee.	11:30 a.m. Reception at women's employment centre, 1	2	3
4	5	6	Women Helping Women - meeting 7:30 p.m. at 180 Riverside Dr.	12.30 Newsletter Cttee. 7	8	9
11	12	13	12.30 Workshop Cttee	15	16	Organized working women workshops Cambrian College 8-5 p.m. 17
18	19	20	21	7.30 Resource Cttee. Mtg. 22	23	24
25	26	27	12.30 Workshop Cttee. 28	29	30	31



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